Upa Dance, Upa Mix

Un, dos, tres, quattro (x2)

Come on now
Everybody dance with girls
We need just a little
Go fun and move forward
And fasten yourself
And until the end
Everybody just follow me
Let's dance, let's go
No pain, no gain
Switch your shirt
And let's start again

Uno, due, tre, quattro (x8)

Let's go
Come on let's go
Don't get down
You have to be strong
Let's get in
You've got it
Come on baby everybody
Come on, come on
Let's go