

# Valley Worship, Trading My Sorrows

I'm trading my sorrows  
I'm trading my shame  
I'm laying them down for the joy of the Lord  
I'm trading my sickness  
I'm trading my pain  
I'm laying them down for the joy of the Lord  
And we're singing

Yes Lord, yes Lord, yes yes Lord  
Yes Lord, yes Lord, yes yes Lord  
Yes Lord, yes Lord, yes yes Lord, Amen

I'm trading my sorrows  
I'm trading my shame  
I'm laying them down for the joy of the Lord  
I'm trading my sickness  
I'm trading my pain  
I'm laying them down for the joy of the Lord  
And we're singing

Yes Lord, yes Lord, yes yes Lord  
Yes Lord, yes Lord, yes yes Lord  
Yes Lord, yes Lord, yes yes Lord, Amen

I am pressed but not crushed,  
Persecuted not abandoned  
Struck down but not destroyed  
I am blessed beyond the curse  
For His promise will endure  
That His joy is gonna be my strength  
Though the sorrow may last for the night  
His joy comes in the morning

I'm trading my sorrows  
I'm trading my shame  
I'm laying them down for the joy of the Lord  
I'm trading my sickness  
I'm trading my pain  
I'm laying them down for the joy of the Lord  
And we're singing

Yes Lord, yes Lord, yes yes Lord  
Yes Lord, yes Lord, yes yes Lord  
Yes Lord, yes Lord, yes yes Lord, Amen

And we're singing  
Yes Lord, yes Lord, yes yes Lord  
Yes Lord, yes Lord, yes yes Lord  
Yes Lord, yes Lord, yes yes Lord, Amen

Yes Lord, Amen  
Yes Lord, Amen!