

Van Hudgens, Afraid

Just when it's getting good
I slowly start to freeze
Just when it's feeling real I put my heart to sleep
It's the memory I can see
Then this fear comes over me
Understand that I don't mean
To push you away from me
[Chorus]
Why am I so afraid to crash down and lose my heart
again
I don't know, I can't see, what's come over me
Why am I so afraid to break down and lose my mind
again
I don't know, I can't see, what's come over me
You got a way of easing me out of myself
I can't stay but I can't leave, I am my worst enemy
Please understand that it's not you it's what I do
Just when I'm about to run I realize what I've become
[Chorus]
Why am I so afraid to crash down and lose my heart
again
I don't know, I can't see, what's come over me
Why am I so afraid to break down and lose my mind
again
I don't know, I can't see, what's come over me
Now I wonder what you think of me
Don't know why I break so easily
All my fears are armed surrounding me
I can't get no sleep
I keep runnin in circles around you
Are you the trap I wanna fall into??
[Chorus]
Why am I so afraid to crash down and lose my heart
again
I don't know, I can't see, what's come over me
Why am I so afraid to break down and lose my mind
again
I don't know, I can't see, what's come over me