Vanessa Hudgens, Afraid

Just when it's getting good I slowly start to freeze Just when it's feeling real I put my heart to sleep It's the memory I can see Then this fear comes over me Understand that I don't mean To push you away from me

Why am I so afraid to crash down and lose my heart again I don't know, I can't see, what's come over me Why am I so afraid to break down and lose my mind again I don't know, I can't see, what's come over me

You got a way of easing me out of myself I can't stay but I can't leave, I am my worst enemy Please understand that its not you it's what I do Just when I'm about to run I realize what I've become

Why am I so afraid to crash down and lose my heart again I don't know, I can't see, what's come over me Why am I so afraid to break down and lose my mind again I don't know, I can't see, what's come over me

Now I wonder what you think of me Don't know why I break so easily All my fears are armed surrounding me I can't get no sleep I keep running in circles around you Are you the trap I wanna fall into...?

Why am I so afraid to crash down and lose my heart again I don't know, I can't see, what's come over me Why am I so afraid to break down and lose my mind again I don't know, I can't see, what's come over me