

Vanilla Ice, Crash And Burn

Phone Message from Ross Robinson

"Hey dude it's Ross

Just callin to say hey

Im much better now

I fractured my spine

It was f**ked up

I did a triple over a double

And landed on my head

So um...I did it on the 426

Yep...wasn't to fun

But before that dude I was f**kin totally in tune

And feelin kick ass on the track

It was liek the best I've ever felt

So maybe thats why I started gettin all cocky and shit

Uhh...Alright man, just workin away super hardcore on Slipknot

And I'm about 5 days left and take like a week off

Or somethin like that and start the next one

Hope your doin good dude

Talk to ya later"