

Ziggy Marley, In The Flow

No need to get down no need to get low
In the flow
Rastaman that speaketh love is what he preacheth
In the flow
Politicans fighting to stop I from lighting
But in harmony we'll smoke the tree
In the flow, in the flow
What they really fighting is INITY
Love for one another EQUALITY
In the flow, in the flow
Ain't no need to worry
Ain't no need to hurry
In the flow

Light up my fire
What is your desire
In the flow
High science that teacheth
Full moon that preacheth
Still
In reality
Getting high naturally
In the flow, in the flow

What they really fighting is INITY
Love for one another EQUALITY
Vibe
I'm in the flow yeah
Vibe
No eed to get down no need to get low
In the flow
Rastaman that speaking and it's love
that I'm preachin'
In the flow
Yow
Wah agwaan you nuh have nuttn' good deh
Love my sister respect so what we get together nuh
Get some good vibes going in unity you know
No war no drugs in love and in harmony let us smoke this tree
In the flow
Yea
Sister go
(repeat)
Ain't no need o worry
Ain't no need to hurry
(repeat)